

Newsletter October 2018

Dear Hugo and Oneka Families,

What an awesome year it has been so far. We are encouraged by the number of students that tell us all about the BEar RULES and how they are using them effectively on the playground, hallways and classrooms. We are excited to let everyone know that October is National Bullying Prevention Month.

At Hugo and Oneka, we believe in working together with parents to combat bullying. We know this problem isn't confined to school grounds. Bullying at school is affected by what happens at home between siblings, what happens in the neighborhood, and what happens when kids go online. We must work together to take immediate action, whether a child bullies, is a victim of bullying, or is a witness to bullying.

This year is the 12 year anniversary that Pacer has been involved in this campaign. We encourage you to utilize this resource at home. This resource helps parents take an active role in addressing bullying at school and online: <http://www.pacer.org/bullying/> Wed. Oct. 24th is National Unity Day. **Please wear orange to help us combat bullying!**

On October 24 and 25 we will begin our Strategic Site Planning process. We have a committee of approximately 21 people made up of parents, staff, community members and students. The charge of this group is to develop our schools' mission and direction for the next 3-5 years in alignment with our district strategic plan that was developed last year. We are still looking for Action Team members. This group will meet in the evenings a couple of times before winter break and a couple more times after the break. They will develop the action step for the strategies developed by the Site Team. Please let Mr. Healy or Ms. Dahlem know if you want to be a part of this process.

On Tuesday, Oct. 31st Hugo Elementary School will once again have a Fall Festival Parade. It will start promptly at 2:30 pm. Students are encouraged to bring a non-violent costume to wear in the parade. We will open up both Hugo parking lots (main & bus) as well as the parking lot at the church next door to accommodate everyone. Oneka Elementary School will have an all school Bingo Party in the afternoon. Please wear any Oneka or WBL Bear Wear instead of costumes that day.

Finally, conferences are right around the corner. They will be from 2:30-7:30 on Monday, Nov. 19th and on Tuesday, Nov. 20th from 2:00p - 7:30. That means there will be NO SCHOOL the week of Nov. 20-24th. More information will be coming home soon.

Sincerely,

Mr. Healy - Hugo Principal

Teresa Dahlem, Oneka Principal

Oneka Attendance News

We intuitively know that it is important for students to attend school as much as possible and the research supports this theory. "Students who attend school regularly have been shown to achieve at higher levels than students who do not have regular attendance. This relationship between attendance and achievement may appear early in a child's school career. A recent study looking at young children found that absenteeism in kindergarten was associated with negative first grade outcomes such as greater absenteeism in subsequent years and lower achievement in reading, math, and general knowledge."²

To help promote good attendance month by month, Oneka will honor students who attend school every day, all day for the entire month. A certificate will be given to each student who has perfect attendance at the end of each month. In addition, each classroom teacher will pick one student's name out of a hat to participate in the "Attendance Breakfast" put on by our staff. This will generally happen on the first Friday of each month. Selected students get to invite one caring adult to the Breakfast at 8:30 in our cafeteria.

From the Health Office

From Hugo: If your student borrowed clothes from the Hugo health office, please wash and return them at your earliest convenience.

From Oneka: Looking for Donations

- New or gently used (clean) clothing items:
 - Sweatpants or leggings
 - Sweatshirts
 - New underwear - size 6 - 12
 - Socks
 - T-shirts (long sleeve and short sleeve)





Attendance Line:
Hugo - 651-653-2621
Oneka - 651-288-1802

Late Arrivals

Before 10am - tardy

- If a child is late to school but it is before 10am, your student will be marked tardy.
- If a parent signs the child in before 10 am, but does not state a reason, it is considered unlawful as determined by Washington County guidelines. That arrival will be marked down as an unexcused tardy. (**3 unexcused tardies = 1 unexcused ½ day absence**)

After 10am - ½ day absence

- If your child arrives after 10am that will be marked as a ½ day absence (AM)
- If a parent signs the child in after 10 am, but does not state a reason, it is considered unlawful as determined by Washington County guidelines. That arrival will be marked down as an unexcused absence (AM).

Early Dismissal

Before 3pm - ½ day absence

- If a child leaves school early and it is before 3pm - that dismissal will be marked as a ½ day absence (PM)
- If a parent signs the child out before 3 pm, but does not state a reason, it is considered unlawful as determined by Washington County guidelines. That arrival will be marked down as an unexcused ½ day absence (PM).

After 3 pm - early release

- If a child leaves school early and it is after 3pm that dismissal will be marked down as an excused early dismissal (PM)
- If a parent signs the child out after 3 pm, but does not state a reason, it is considered unlawful as determined by Washington County guidelines. That dismissal will be marked down as an unexcused early release (PM). (**3 unexcused tardies = 1 unexcused absence**)

Examples of Excused Tardy Arrivals/Early Dismissal

- Illness
- Serious illness in the student's immediate family
- Death or funeral in the student's immediate family or of a close friend or relative
- Medical, dental, orthodontic, or counseling appointment
- Court appearance occasioned by family or personal action
- Physical emergency conditions such as fire, flood, storm, etc

Examples of Unexcused Tardy Arrivals/Early Dismissal (but not limited to):

- Work at home
- Work at business
- Missed bus
- Overslept
- Car trouble
- Doing homework

Important Information

Contact Information

Hugo Elementary - Jason Healy - 651-653-2798

Attendance - 651-653-2621

Health Office - 651-653-2622

Dismissal email: HugoDismissalRequest@isd624.org

Oneka Elementary - Teresa Dahlem - 651-288-1800

Attendance - 651-288-1802

Health Office - 651-288-1803

Dismissal email: OnekaDismissalRequest@isd624.org

Calendar Items

October 8 No School - Students

October 15 PTA Meeting @ Hugo - 6pm (free child care available)

October 17 Lifetouch Picture Retakes

October 18-19 No School - MEA Break

October 26 No School - Students

November 1 Fundraiser Pick-Up - Oneka Cafeteria

November 5 - 8 Scholastic Book Fair @ Oneka Media Center

November 9 No School - End of Qtr 1

November 19 - 20 Parent/Teacher Conferences

November 21 - 23 No School - Thanksgiving Break

Hugo/Oneka Family Calendar - [follow this link](#)
to subscribe to a Google Calendar with all school
events happening at Hugo and Oneka



Google Calendar



Bear Buck Winners!
 Top Left - 3rd Grade
 Below - 2nd Grade
 Bottom Left - 4th Grade
 Bottom Right - 5th Grade

BEAR BUCK\$

WHAT: A school wide initiative to acknowledge students demonstrating core values.

WHY: To foster and promote a positive school environment that enhances student learning through teaching and recognizing our core values.



ONEKA'S CORE VALUES ARE:

- Respect
- Responsibility
- Compassion
- Integrity
- Service

Media Center



Some changes are happening in the **Media Center** this year and we invite you to stop by anytime.

New faces: I am Julie Stonehouse, Media Specialist and Enrichment Teacher for Oneka. I come most recently from the Explorations program at Lincoln Elementary and I am very excited to be a part of the Oneka community!

Books in new places: The fiction book collection has been reorganized by genre (think of how books are organized in a bookstore). This is an effort to make it easier for kids to find the books they are interested in and so far they are doing a great job, learning the new system. Students are also helping with Media Center duties including book check in and check out. Our student assistants are bringing great energy and enthusiasm to the Media Center and we appreciate their help! We also have an ongoing need for adult volunteer help, with a variety of jobs available; please contact us if you are interested in getting involved.

New spaces: We are planning for some exciting modifications to our space to make this a flexible and exciting center of curiosity and learning for all. We are in the process of gathering feedback from staff and students about how the Media Center is currently used and ideas for what could be added to our space. Stay tuned for more!

And, we are bringing makerspace to the Media Center. The term “makerspace” generally refers to using a wide variety of hands-on activities that support academic learning and allow students to develop habits of curiosity, experimentation, problem solving, and perseverance. Please see the box for donations that we are always accepting. Makerspace donations can be brought to the Media Center any time. Thanks for your support, we look forward to seeing you in the Media Center!

Julie Stonehouse
Media Specialist
Susan Rakoczy
Media Clerk

Needed: *recyclable “junk” for makerspace.*

Anything that looks interesting that students might be able to use to make something new. Some ideas might include:

- Cardboard, boxes, tubes, packaging inserts
- Plastic containers of various shapes and sizes
- Round stuff such as lids, spools, etc.
- Nuts, bolts, zip strips, other fasteners
- Tape...lots of it, especially duct tape
- Scrap wood
- String, yarn, ribbons
- Any gadgets, gears, or other interesting stuff

All items can be left in the Media Center, marked **makerspace**.

Thanks for your help!!

BOSS and Student Council

In the 2017-18 school year, the Bears Official Service Superheros (BOSS) group and Student Council led Oneka Elementary in eight projects inspired by We Day. One highlight was our January blankets project. With the cold weather, BOSS and Student Council focused their efforts to help humans and animals in need. They collected fabric to make no-sew tie blankets for homeless families who attended St. Paul schools and were displaced when hotels filled with Super Bowl tourists. Students also collected gently used blankets for the Northwoods Humane Society.

Through the year, the groups' projects collected over 1,000 pounds of food for We Scare Hunger, raised \$4,691 for the American Heart Association through their Jump Rope for Heart program, ran a raffle that earned \$585 (matched by All State) for WE Volunteer Now Good Hands for Hurricane Harvey, Irma & Maria Relief Efforts, participated in We Are Silent, and organized a book drive that collected over 600 books for a local hospital and memory care facility. The groups ended the year with a trip to Feed My Starving Children and a last day of school walk to raise money for cancer research.

BOSS has already started strong for the 2018-19 school year! In addition to organizing Hugo and Oneka's Spirit Week in celebration of White Bear Lake's Homecoming game, 5th grade members were invited to attend a We Day-X event on October 9th. After this event, BOSS Students will be selecting projects for the rest of the year and starting the planning process. Soon Oneka classrooms will select Student Council representatives to help organize our service learning for the rest of the year.

Oneka's ACT! Play Ashland Productions



DETAILS FOR

ONEKA ELEMENTARY

There will be 24 to 30 rehearsals to prepare for a three performance run on the Maplewood Community Center stage. Ashland directors will run rehearsals and instruct students in singing, dancing, and acting.

PARTICIPATION: 3-5th, extend to 2nd grade after one week

COST: \$90+\$2 (Service Fee)

REGISTRATION: Complete registration online at www.ashlandproductions.org beginning 10/15/18 and closing 10/26/18, or until filled. **Registrations will be taken on a first come, first served basis.**

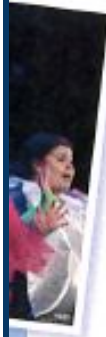
AUDITIONS: Auditions are held during rehearsals. Auditions are for students who want speaking roles. **All those who register will be in the show.**

REHEARSAL SCHEDULE: Rehearsals take place at the school on **Tues/Thurs 8:00-9:00am beginning 11/13/18.**

TECH REHEARSALS: Tech rehearsals take place at the theatre in the Maplewood Community Center, **White Cast: February 25-February 27, 2019, 4:30-6:30pm**

Orange Cast: February 25-February 27, 2019, 6:30-8:30pm

Tickets go on sale 1/21/19 and are available online at www.ashlandproductions.org
Tickets are \$12.00 each
(processing fee included)



WHITE CAST PERFORMANCES
Thursday 2/28/19 (7:00 pm),
Saturday 3/2/19 (4:00 pm),
Sunday 3/3/19 (1:00 pm)

ORANGE CAST PERFORMANCES
Friday 3/1/19 (7:00 pm),
Saturday 3/2/19 (1:00 pm),
Sunday 3/3/19 (4:00 pm)

All performances are held in the theatre at the Maplewood Community Center.

Tickets and
more information at
www.ashlandproductions.org

Hugo & Oneka PTA

PTA. Every Child. One Voice.

October 2018

PTA Meeting - Thank you!

The PTA and its board members would like to extend a big THANKS to everyone who attended the first PTA meeting of the school year! We had a great turnout with a lot of new and familiar faces. It was a fantastic way to start the school year! Please remember that we try to stick to the agenda and limit our meetings to one hour, but due to many funding requests, our first meeting did run a bit long. We hope that even more people will join us for our October meeting to stay up to date on school events/happenings and to see how you might be able to help support our schools, staff, and students. **Please join us for our next meeting on Monday, October 15th, at 6:00 p.m. in the Hugo Elementary Media Center.** Snacks will be provided! Meetings are a great way to get involved, meet other parents and staff, as well as learn about what is going on in our schools. You do not need to be a member to attend meetings; you are always welcome to attend one or all of our meetings, regardless of your membership! We look forward to seeing you on October 15th!

Joining PTA

Please join us! Simply fill out a PTA membership form (email hugoptasec@gmail.com if you need a copy), attach the \$10 membership fee, and turn it in to your child's teacher/bring it with you to a PTA meeting. You may become a member at any time during the school year. Membership gives you a voting voice in the planning/execution of vital PTA sponsored events, direct interaction with the school staff and administration, and most important, a front row seat to your child's academic world.

Board Member Still Needed!

The PTA would like to thank Cassandra Gomez for stepping in to fill our Vice Presidential role. We are still looking for someone to be a Co-Treasurer with kindergarten teacher, Toni Brandvold. The co-treasurer is responsible for reconciling the checkbook, communicating with the accountant, and adding transactions to the accounting software. Board positions are a GREAT way to get more involved in our schools, as well as your child's education. Please contact hugoptasec@gmail.com if you are interested or have any questions.

Volunteer Opportunities

- **Fall Book Fair** - The "Enchanted Forest" Scholastic Book Fair is coming to Oneka! It will take place, Monday, Nov. 5th from 3:30pm - 7:30pm and Nov. 6th - 8th from 9:00am - 7:30pm. If you are interested in a 2-hour shift please email Kari at hugo.onekabookfair@gmail.com.
- **Casino Night** - We are hosting a brand new "adult only" fundraiser on Friday, March 29th at the Hugo American Legion. This exciting event is very much still in the developmental planning stages. We are looking for people to form a planning committee to brainstorm ideas and start recruiting sponsors/donations. Please email committee chair, Angela Thompson, at angela021774@gmail.com if you are interested in helping! Thank you!

Fall Fundraiser Update

Thank you to all of the students, parents, family members, and community members who contributed to the Fall Fundraiser through Cherrydale Farms! The Fall Fundraising Team has been calculating totals and entering sales this week, so look for an update at the October meeting and in the November newsletter. Thank you to the volunteers who made the fundraiser possible; your time and effort are tremendously appreciated. **Please don't forget: order pickups will be taking place on November 1st from 3:45-6:30pm at Oneka.** A Signup Genius will be emailed out in the next couple of weeks detailing where volunteer help will be needed for pick-up day.

Direct Donations

Thank you to those families/supporters who donated directly to the Hugo/Oneka PTA in lieu of/in addition to our Fall Fundraiser! Fundraising and volunteering are both vital parts of helping our PTA and in turn, helping our students, staff, and schools. Life is busy. We get it! We gladly accept direct donations at any time throughout the school year with 100% of your donation going directly back to our schools. Helping support Hugo/Oneka schools ensures our students' success! Please know that any amount is greatly appreciated!

Important Upcoming Dates

- October 15th – PTA Meeting, 6pm @ Hugo
 - November 1st - Fall Fundraiser Product Pick Up 3:45 - 6:30 pm at Oneka
 - All orders must be picked up during this time.
 - November 5th-8th – Oneka Book Fair
 - November 16th - Pizza with the Principal (reward for top sellers)
 - November 26th - PTA Meeting, 6pm @ Oneka
 - November 29th - Roller Skating - Fun/Free night (sponsored by PTA)
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*****Free Childcare provided at every PTA Meeting*****

Contact Information

Email: hugoptasec@gmail.com

Online: Click [here](#)

Facebook: Click [here](#)

SignUpGenius: Click [here](#)

2018-2019 Board Members: Angela Thompson, Cassandra Gomez,
Toni Brandvold, and Katie Jones.



Our students spend a lot of time communicating in the digital world. Blogs, gaming, and social media just to name a few places. Learning the skills to stay safe and be respectful is crucial to making those experiences positive.

This month's digital citizenship theme is commenting and communicating with others online. Teachers will be working with students on how to be mindful of their digital footprint, how to comment respectfully, and how to respond to uncomfortable situations.

Our goal is help create a culture in which being kind online is the norm.

[Common Sense Media](https://www.commonsensemedia.org/) provides a number of great parent resources to help your student be appropriate and safe online. It also has some great articles and videos on a number of topics. Highlighted below are specific links to resources around our monthly theme.

<https://www.commonsensemedia.org/cyberbullying>

<https://www.commonsensemedia.org/social-media>

We believe it is a team approach between home and school to help our students learn the skills they need to be good digital citizens.

Thank you so much!

Nick Marty and LuAnne Oklobzija
Innovation Coach

Monthly Staff and Community Mental Well-Being Series

District staff and families are invited to attend monthly presentations focused on mental well-being.

Know the Truth

Presented by *MN Adult and Teen Challenge*

7-8:30 p.m.

Oct. 24

District Center Auditorium

Description of the Program:

The 2010 Minnesota Student Survey found that 75% of the students who participated in the study received most of their information about drugs and alcohol from their friends. By becoming informed and learning to talk to your children, you can be sure that the information that they are getting is correct.

UPCOMING EVENTS IN THE SERIES

Oct. 24 (7-8:30 p.m. at DC Auditorium)
Know the Truth by MN Adult and Teen Challenge

Nov. 28 (7-8:30 p.m. at DC Auditorium)
Suicide Identification and Intervention (QPR--Question, Persuade, and Refer) by NAMI-MN

Dec. 13 (7-8:30 p.m. at DC Community Room 112)
Make it OK by Nancy Krocak, WBLAS Educator

Jan. 15 (7-8:30 p.m. at North Campus Theater)
Using Mindfulness to Increase Well-Being and Effectiveness in the Classroom and at Home by Heather Hessel PhD, LMFT, Intuitive Therapy and Counseling, White Bear Lake

Feb. 19 (7-8:30 p.m. at North Campus Theater)
The Fallacy of Perfect Parenting by FRrē Family Recovery Resource Experts, St. Paul, MN

March 19 (7-8:30 p.m. at North Campus Theater)
ADHD/ADD Supports and Toolbox by Nicole McKinney, WBLAS

April 16 (7-8:30 p.m. at North Campus Theater)
Healthy Teens and Safety by Ramsey County Public Health

May 21 (7-8:30 p.m. at North Campus Theater)
Finding Self-Control: Responses to Children's Emotional and Physical Outbursts by Jenny Hanlon, M.Ed, WBLAS



Series sponsored by
White Bear Lake Area Schools
Student Support Services Department.

   /isd624
www.isd624.org



October 2018

Free Community Meals

Free Community Meals Locations

Beaver Lake Lutheran Church
2280 Stillwater Avenue,
Maplewood
651-739-8092

The Beloved
United Methodist Church
1965 Sherwood Ave.
Saint Paul, MN 55119
952-479-4887

Calvary Church Roseville
2120 Lexington Ave. North
Roseville, MN 55113
651-487-2855

Gethsemane Lutheran Church
2410 Stillwater Rd E
Maplewood, MN 55119
(651) 739-1264

Messiah Lutheran Church
2848 County Road H2
Mounds View, MN 55112
763-784-1786


Our Redeemer Lutheran
1390 Larpenteur Avenue E.
St. Paul, MN – 55109
651.772.2445 x 101

St. Andrew's Lutheran Church
900 Stillwater Road
Mahtomedi, MN 55115
651-426-3261

St. Christopher's Episcopal
2300 Hamline Avenue N
Roseville MN, 55113
651-633-4589

St John in the Wilderness
2175 1st St.
White Bear Lake, MN
651-429-5351

White Bear Food Shelf
1884 Whitaker St,
White Bear Lake MN
(651) 407-5310

Mon	Tue	Wed	Thu	Fri	Sat
1 5:30p Loaves & Fishes The Beloved	2 5:30p Loaves & Fishes The Beloved	3 4:45p Messiah Lutheran Church 5:30p Loaves & Fishes Our Redeemer 5:30p St. John Wilderness	4 5:30p Loaves & Fishes Gethsemane Lutheran 6p St. Andrew's Lutheran	5	6 8:45am-12:15pm Bonus Saturday, White Bear Food Shelf
8 5:30p Loaves & Fishes The Beloved 6p Calvary Church	9 5:30p Loaves & Fishes	10 4:45p Messiah Lutheran Church 5:30p Loaves & Fishes Our Redeemer	11 5:30p Loaves & Fishes Gethsemane Lutheran 6p St. Andrew's Lutheran	12	13 8:45am-12:15pm Bonus Saturday,
15 5:30p Loaves & Fishes The Beloved	16 5:30p Loaves & Fishes The Beloved	17 4:45p Messiah Lutheran Church 5:30p Loaves & Fishes Our Redeemer 5:30p St. John Wilderness 5:30p Beaver Lake	18 5:30p Loaves & Fishes Gethsemane Lutheran 6p St. Andrew's Lutheran	19	20 8:45am-12:15pm Bonus Saturday, White Bear Food Shelf
22 5:30p Loaves & Fishes The Beloved	23 5:30p Loaves & Fishes The Beloved	24 4:45p Messiah Lutheran Church 5:30p Loaves & Fishes Our Redeemer 5:30p St. John Wilderness	25 5:30p St. Christopher Episcopal 6p St. Andrew's Lutheran	26	27 8:45am-12:15pm Bonus Saturday, White Bear Food Shelf
29 5:30p Loaves & Fishes The Beloved	5:30p Loaves & Fishes The Beloved	5:30p Loaves & Fishes Our Redeemer 5:30p St. John Wilderness			

Contact Peggy Huot Hansen at peggy.huot-hansen@isd623.org if you have questions about this distribution list.



Safety Information Night

Presentation Intended for All District Parents

Thursday, November 8, 2018

5:30 - 6 p.m. FREE Dinner

6 - 8:30 p.m. Breakout Sessions

WBLAHS - South Campus

(3551 McKnight Road, White Bear Lake)

Attend and learn about the following topics:

- Mental Health Overview
- Human Trafficking
- Internet safety
- Youth Drug Trends and Awareness
- Teen driving laws and safety

This free information night is for adults only.

Free childcare available for those in need.

Children must be 3 years old and above and potty-trained.

*To register for daycare, please email JVette@whitebearlake.org
and include your children's names and ages.*

Questions? Contact Sergeant John Vette at 651-429-8511.

Thank you to our partners: Northeast Youth & Family Services and
Washington County Attorney & Sheriff's Department



The information night is sponsored by:
White Bear Lake Area School District and White Bear Lake Police Department
Special thanks to *Donatelli's, Pizza Man and the Corner Malt Shop,*
and *Grandma's Bakery* for sponsoring the free dinner.

